

FREEMAN MIDDLE SCOOP – 4-18-25

FMS Office Hours are 7:45 am to 3:45 pm. Doors are open to students at 8 am.

Email: FMSoffice@freemansd.org Office phone (509)291-7301 Attendance line (509)291-7425

ASB Elections Are Coming Up!

It's time for ASB elections, and we're excited to welcome new student leaders from grades 4–7! Mr. Straw visited classrooms on Friday, April 18 to answer questions and encourage students to get involved. A mandatory candidate meeting will be held on Wednesday, April 23 at 10:00 a.m. in the K–8 MPR. All paperwork is due by Tuesday, April 29 at 11:00 a.m.—no late submissions will be accepted without prior arrangement. Families, mark your calendars for our ASB Assembly on Friday, May 9 at 8:30 a.m., where candidates will share their speeches!

📅 Save the Date! 📅

🏠 **Family Night: Explore the WSU Health Science Mentorship Program-** This event is open to **6th and 7th graders and their families**—all family members are welcome!

Join us for an exciting opportunity to learn about the **WSU Health Science Mentorship Program!** This in-school program helps **FMS students** explore careers in the health sciences, building career awareness in a range of medical and healthcare fields.

📅 **Date:** April 29th

📍 **Location:** K-8 MPR

🕒 **Time:** 5:30-7:00 pm- Dinner will be Chipotle

This program is a **partnership between the Washington State Elson S. Floyd College of Medicine and Freeman Middle School**. Don't miss out on this valuable opportunity to support your student's future! Stay tuned for more details. We look forward to seeing you there!

Lots of Events Happening between now and the End of School. Lets finish strong!

After School Study Table will only be offered one night per week starting now! Tuesday nights are your only opportunity to complete work on campus.

Chrome book reminder that students need to bring their chrome books to school every day fully charged. The MS office has a limited number to loan out.

UPCOMING DATES	EVENT	Grade
April 18 th – RESCHEDULED	Moonlight Gala Dance	6th, 7th & 8th
April 22 nd	Pre-registering for 25/26 SY classes	6 th Grade
April 23 rd @ 10am	Mandatory ASB Candidate Meeting for 25/26 SY	3 rd thru 7 th
April 24 th	Registering for 25/26 SY classes	7 th Grade

April 25th @ 8:15am	<i>FMS 6th, 7th and 8th Grade Group Photos. Robotics Group Photo.</i>	6th, 7th & 8th
April 29th	<i>Registering for 25/26 SY classes</i>	6th Grade
April 29th by 11am	<i>25/26 SY ASB Candidate Paperwork Due</i>	3rd thru 7th
April 29th @ 5:30pm	<i>Family Night: Explore the WSU Health Science Mentorship Program. Dinner will be served.</i>	6th and 7th
April 30th	<i>25/26 SY ASB Candidates notified</i>	3rd thru 7th
April 30th @ 5pm	<i>Parent Promotion Party Meeting in the FHS Library</i>	8th Grade
May 1st	<i>Campaign Signs may go up</i>	3rd thru 7th
May 1st	<i>15 Week Grade Checks emailed home</i>	6th, 7th & 8th
May 3rd	<i>FFA Plant Sale</i>	
May 3rd	<i>STEM Superstars</i>	Specific Students TBA
May 6th by 3pm	<i>Copy of campaign speech turned in</i>	3rd thru 7th
May 7th @ 10:20am	<i>FES/FMS ASB Meeting for 24/25 Officers and Representatives</i>	4th thru 8th
May 9th @ 7:30am	<i>Pastries with Parents</i>	
May 9th Kent Smith Field	<i>25/26 SY ASB Election Assembly.</i>	3rd thru 7th
May 9th	<i>Students will vote immediately after the Assembly</i>	3rd thru 7th
May 9th @ 2:30pm	<i>Candidates will be notified of the 25/26 SY ASB results</i>	3rd thru 7th
May 9th @ 6:00pm	<i>Moonlight Gala Dance hosted by PTSG</i>	6th, 7th & 8th
May 13th @ 8am	<i>FMS 'Donut' stress about the test – PTSG Celebration</i>	6th, 7th & 8th
May 14th @ 8:15am	<i>SBAC ELA</i>	6th, 7th & 8th
May 15th @ 10:04am	<i>SBAC ELA</i>	6th, 7th & 8th
May 20th @ 8:15am	<i>SBAC Math</i>	6th, 7th & 8th
May 24th @ 10:04am	<i>SBAC Math</i>	6th, 7th & 8th
May 24th	<i>18 Week Grade Checks emailed home</i>	6th, 7th & 8th
May 27th	<i>Career Readiness Lesson</i>	7th & 8th
May 27th @ 7pm – FHS Blue Gym	<i>Band and Choir Concert</i>	
May 29th @ 10:55am	<i>WCAS Science</i>	8th Grade
June 2nd @ 1:30pm	<i>FES/FMS ASB Meeting for 24/25 Officers and Representatives</i>	4th thru 8th
June 6th (Tentative)	<i>Rocket Launch</i>	6th Grade
June 9th @ 9 am – 10 am	<i>Roller Coaster Display</i>	8th Grade
June 10th @ 8:30am	<i>Yearbook Signing/Cake</i>	6th, 7th & 8th
June 10th @ 10am	<i>Promotion Practice</i>	8th Grade
June 10th @ 11am	<i>Field Trip</i>	8th Grade
June 10th @ 6pm – Kent Smith Field	<i>Promotion</i>	8th Grade
June 11th	<i>Early Release @ 12:30</i>	6th and 7th



Setting Goals

Pre-teens should start thinking about what they want to achieve. Setting small goals helps them stay motivated and builds confidence. Whether it's learning a new skill or improving a grade, working toward something is important.

👉 **Try This:** Have your child write down one short-term and one long-term goal. Check in with them to see how they are doing.



Picture Day will be April 25th @ 2:45 pm

Baseball:

4/29/25 - @ East Valley – 3:45pm

5/1/25 – vs Westwood – 3:45pm

5/8/25 - @ Centennial – 3:45pm

Track and Field:

4/30/25 – East Valley, Westwood, Freeman @ Freeman - 3:45pm

5/6/25 – Centennial, Westwood, Freeman @ West Valley HS – 3:45pm

5/8/25 – East Valley, Freeman @ Freeman – 3:45pm

Regular Bell Schedule

○ Period 1	○ 8:15 – 9:02
○ Period 2	○ 9:06 – 9:53
○ Scottie Break	○ 9:53 – 10:01
○ Period 3	○ 10:04 – 10:51
○ Period 4	○ 10:55 – 11:42
○ Period 5	○ 11:46 – 12:33
○ Lunch	○ 12:33 – 1:03
○ Period 6	○ 1:07 – 1:54
○ Period 7	○ 1:58 – 2:45

Every Friday

- AM Activity Schedule

○ Period 1	○ 8:15 – 8:57
○ Period 2	○ 9:01 – 9:43
○ Scottie Break	○ 9:43 – 9:51
○ Period 3	○ 9:55 – 10:37
○ Period 4	○ 10:41 – 11:23
○ Period 5	○ 11:27 – 12:09
○ Activity – Scottie Time	○ 12:13 – 12:43
○ Lunch	○ 12:43 – 1:13
○ Period 6	○ 1:17 – 1:59
○ Period 7	○ 2:03 – 2:45

CALENDAR:

April 25 – FMS Grade Group Photos

April 28 – No School – Professional Development Day for Teachers

April 28 – FSD Board Meeting @ 6pm – PRTC room

April 29 – WSU Freeman Family night @ 5:30 pm – K-8MPR (6th and 7th grade Families)

April 30 – Rising 6th Grade Parent Night - @ 6pm – K-8 MPR

May 7 – Late Start for Students

May 9 – Pastries with Parents @ 7:30 am

May 14 – FMS PTSG Meeting – FES Community Classroom @ 4:30pm

May 17 – Run the Palouse

May 23 – No School (Snow make-up Day)

May 26 – No School (Memorial Day)

May 28 – FSD Board Meeting @ 6pm – PRTC room

Jun 10 – FSD Board Meeting @ 4pm – PRTC room

Jun 11 – Last Day of School – Early Release @ 12:30 pm

Jun 25 – FSD Board Meeting @ 6pm – PRTC room



FHS SOCCER CAMP JUNE 17-19TH, 2025

PLAYER NAME: _____

GRADE: _____

SHIRT SIZE (CIRCLE ONE): YOUTH: M L XL // ADULT: S M L XL

ADDRESS: _____

PARENT NAME & PHONE NUMBER: _____

EMERGENCY CONTACT & PHONE NUMBER: _____

DOCTOR NAME & PHONE NUMBER: _____

I UNDERSTAND THAT THIS ACTIVITY IS VOLUNTARY AND MY CHILD'S PARTICIPATION IS NOT MANDATORY. IN CASE OF EMERGENCY, THE SUPERVISOR ON SITE HAS MY PERMISSION TO OBTAIN MEDICAL TREATMENT FOR MY STUDENT. I UNDERSTAND THE FREEMAN SCHOOL DISTRICT DOES NOT PURCHASE OR HAVE MEDICAL/DENTAL/HOSPITALIZATION INSURANCE TO COVER ANY INJURY WHILE PARTICIPATING AT THIS EVENT.

PARENT SIGNATURE: _____

DATE: _____

DOES YOUR CHILD TAKE ANY MEDICATIONS? _____

DOES YOUR CHILD HAVE ALLERGIES? _____

INSURANCE POLICY: _____

POLICY NUMBER: _____



**Train with the Freeman
High School State
Champions Soccer
Team!**

**Open to grades 1-8, boys
and girls**

**5:30-7 PM each night on
the soccer field**

**\$40 Registration fee,
and includes a FHS
Soccer t-shirt (if
registered by 6/4/25)**

**Please return this flyer
to the Freeman High
School front office by
6/15/25**

COACH DAVE ELLIS

Dellis1251@gmail.com
(509) 879-0290



FREEMAN SCHOOL DISTRICT #358

2025 - 2026 School Calendar



August				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
September				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			
October				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	*23	*24
27	28	29	30	31
November				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
December				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		
January				
Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

Significant Dates

August 18	Staff Orientation/Open House
August 19	Professional Development
August 20	First Day of School
August 25	First Day of Kindergarten
August 29	No School
September 1	Labor Day Holiday - No School
September 24	Late Start PD
October 23 - 24	Conferences - No School
October 29	Late Start PD
November 11	Veterans' Day Observed - No School
November 24 - 28	Thanksgiving Holiday - No School
December 3	Late Start PD
December 19	End of Semester
December 22 - January 2	Winter Break - No School
January 5	Professional Development - No School
January 19	Martin Luther King Jr. Day - No School
February 4	Late Start PD
February 16	Presidents' Day Holiday - No School
March 6	Snow Make-up Day - No School
March 9	Professional Development - No School
March 18	Late Start PD
April 2 - 3	Conferences - No School
April 6 - 10	Spring Vacation - No School
April 27	Professional Development - No School
May 6	Late Start PD
May 22	Snow Make-up Day - No School
May 25	Memorial Day Holiday - No School
June 6	High School Graduation
June 9	8th Grade Promotion
June 10	Last Day of School - Early Release

■ Shaded Dates - No School

○ Indicates Late Start/Professional Development Days

* Indicates Parent Conference Days - No School

** Indicates Early Release - 12:30 pm

■ School Begins & Ends

February				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
March				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			
April				
Mon	Tue	Wed	Thu	Fri
		1	*2	*3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	
May				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
June				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	**10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			
July				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

FREEMAN CROSS COUNTRY PRESENTS

Run the Palouse 2025

1 MILE OR 5K

Fun Run

Sat. May 17th - Freeman High School

Cost: 1M - \$25, 5K - \$30. If reg. & paid by 5/3
1M - \$30, 5K - \$35 after 5/3*
*Start included only if registered & paid by 5/3.

Times: 1 Mile - 9:30am
5K - 9:50am

Register:  freemansd.org/runthepalouse

Questions: Email: runthepalouse@gmail.com

Run the Palouse is a 5K/1 Mile Fun Run put on by the FHS Cross Country Team.
All ages and skill levels are welcome, from walkers to competitive runners.
Proceeds benefit Freeman High School Cross Country.

SMS Text Opt-In



Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".

SchoolMessenger is compliant with the [Student Privacy Pledge™](#) so you can rest assured that your information is safe and will never be given or sold to anyone.



Opt-In from
your mobile
now!



Just send "Y"
or "Yes" to
67587.



PTSG is hosting one more Freeman gear sale through Momentum Ink before school gets out, and they have added some limited-edition items. Closes May 6th.



For Freeman Gear click on the QR code or open the flier here

JOIN THE FREEMAN PTSG



FOR A FUN NIGHT AT

ROLLER VALLEY

9415 E 4TH Ave Spokane Valley


APRIL 23rd | 6-8 PM

\$9 Admission | \$1 Rental Skates
\$5 - 4 & Under | Non Skaters free

CHUCK E. CHEESE

FÜNdraising

Turning Fun into Funds™



CHUCK E. CHEESE DONATES 20% ON THE SALE

generated from this event to your child's school.

Friends and family members are encouraged to help support this event.

Mention your school when ordering!
Bring this flyer to Chuck E. Cheese.

EVENT INFORMATION

LOCATION: CHUCK E. CHEESE

TIME: 11AM-10 PM

SCHOOL: Freeman

EVENT DATE: May 16th

EVENT ADDRESS:
14915 E Sprague Ave.
Spokane Valley, WA 99216

To find out more, check out chuckecheese.com

CHUCK E. CHEESE

120 PLAY POINTS for \$30

CHUCK E. CHEESE

\$29.99 1 Large (1 Topping) Pizza & 4 Drinks

EXPIRES 12/31/25. Offer good on orders with cash payment and no cash on delivery. Offer good on orders with cash payment and no cash on delivery. Offer good on orders with cash payment and no cash on delivery. Offer good on orders with cash payment and no cash on delivery.

Sales include all food and merchandise purchased at the registers. Delivery & Campus Orders placed directly at ChuckE.Cheese.com now also apply towards your fundraising. You must add the item "School or Organization Fundraiser" to your cart before checking out and order from the location noted at right.

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509-291-3695, 15001 S Jackson Rd. Rockford, WA 99030