

FREEMAN MIDDLE SCOOP – 5-9-25

FMS Office Hours are 7:45 am to 3:45 pm. Doors are open to students at 8 am.

Email: FMSoffice@freemansd.org Office phone (509)291-7301 Attendance line (509)291-7425

WELCOME TO YOUR 2025/2026 ASB Officers



Evelyn Kann
President



Evan Schwartz
Vice-President



Gillian Gonsalves
Treasurer



Brooklyn Rumsey
Secretary



Charles Bowen
Parliamentarian



Jack Kindred
Sergeant-at-Arms

SBAC Testing - Spring is in full swing, and with it comes an exciting opportunity for our students to showcase their skills in the upcoming Spring 2025 Smarter Balanced Assessments (SBA)! We wanted to provide you with the schedule for testing. • SBAC ELA: May 14th & 15th • SBAC Math: May 20th & 22nd • Science (WCAS): May 29th. Your student's computer is fully charged prior to testing, so they can dive into the assessments without any technical hiccups.

If your student is not planning on returning next school year, please let the MS office know.

Scotties Show Sportsmanship on the Dirt Track!

Sawyer Seehorn, Reid Jacot, and Bridger Ramsey recently represented our school community at a dirt bike race in St. Maries, Idaho. These students impressed not only with their racing skills—some even placing in the top 4—but also with their outstanding character. They demonstrated kindness, respect, and dedication throughout the event, both toward each other and their fellow competitors. Way to go, Scotties!



Lots of Events Happening between now and the End of School. Lets finish strong!

After School Study Table will only be offered one night per week starting now! Tuesday nights are your only opportunity to complete work on campus.

UPCOMING DATES	EVENT	Grade
May 13 th @ 8am	FMS 'Donut' stress about the test – PTSG Celebration	6 th , 7 th & 8 th
May 14 th @ 10:05am	SBAC ELA	6 th , 7 th & 8 th
May 15 th @ 8:15am	SBAC ELA	6 th , 7 th & 8 th
May 20 th @ 8:15am	SBAC Math	6 th , 7 th & 8 th
May 22 nd @ 10:04am	SBAC Math	6 th , 7 th & 8 th
May 22 nd	18 Week Grade Checks emailed home	6 th , 7 th & 8 th
May 27 th	Career Readiness Lesson	7 th & 8 th
May 27 th @ 7pm – FHS Blue Gym	Band and Choir Concert	
May 29 th @ 10:55am	WCAS Science	8 th Grade
June 2 nd @ 1:30pm	FES/FMS ASB Meeting for 24/25 Officers and Representatives	4 th thru 8 th
June 6 th (Tentative)	Rocket Launch	6 th Grade
June 9 th @ 9 am – 10 am	Roller Coaster Display	8 th Grade
June 10 th @ 8:30am	Yearbook Signing/Cake	6 th , 7 th & 8 th
June 10 th @ 10am	Promotion Practice	8 th Grade
June 10 th @ 11am	Field Trip	8 th Grade
June 10 th @ 6pm – Kent Smith Field	Promotion	8 th Grade
June 11 th	Early Release @ 12:30	6 th and 7 th



Developing a Growth Mindset

Kids sometimes get discouraged when things don't come easily. Teach them that intelligence and skills grow with effort. Instead of saying "I can't do this," they can say, "I can't do this yet."

👉 **Try This:** Share a story about a time you struggled to learn something but kept trying. Show them that effort leads to improvement.

Baseball:

5/13/25 - @ Cheney – 3:45pm

5/15/25 – vs East Valley – 3:45 pm

Track and Field:

5/14/25 – vs East Valley and Cheney – 3:45pm

5/15/25 – @ Westwood – 3:45pm

Regular Bell Schedule

o Period 1	o 8:15 – 9:02
o Period 2	o 9:06 – 9:53
o Scottie Break	o 9:53 – 10:01
o Period 3	o 10:04 – 10:51
o Period 4	o 10:55 – 11:42
o Period 5	o 11:46 – 12:33
o Lunch	o 12:33 – 1:03
o Period 6	o 1:07 – 1:54
o Period 7	o 1:58 – 2:45

Every Friday

• AM Activity Schedule

o Period 1	o 8:15 – 8:57
o Period 2	o 9:01 – 9:43
o Scottie Break	o 9:43 – 9:51
o Period 3	o 9:55 – 10:37
o Period 4	o 10:41 – 11:23
o Period 5	o 11:27 – 12:09
o Activity – Scottie Time	o 12:13 – 12:43
o Lunch	o 12:43 – 1:13
o Period 6	o 1:17 – 1:59
o Period 7	o 2:03 – 2:45

CALENDAR:

May 14 – FMS PTSG Meeting – FES Community Classroom @ 4:30pm

May 17 – Run the Palouse

May 23 – No School (Snow make-up Day)

May 26 – No School (Memorial Day)

May 28 – FSD Board Meeting @ 6pm – PRTC room

Jun 10 – FSD Board Meeting @ 4pm – PRTC room

Jun 11 – Last Day of School – Early Release @ 12:30 pm

Jun 25 - FSD Board Meeting @ 6pm – PRTC room

Freeman High School upcoming camps:

[Tennis Camp \(Grades 3-8\) May 28th & 29th](#)

[Boys Basketball Camp \(Grades 2-6\) May 28th & 29th](#)

[Elementary Volleyball Camp \(Grades K-5\) June 2nd – 3rd](#)

[MS/HS Volleyball Camp \(Grades 6-12\) June 4th – 5th](#)

[Football Camp \(Grades 2-7\) June 2nd, 4th and 6th](#)

[Girls Basketball Camp \(Grades 3-7\) June 9th & June 10th](#)

[Soccer Camp Boys & Girls \(Grades 1-8\) June 17th – 19th](#)

[Summer Weights \(Grades 7-12\) June 30th – July 31st](#)

All of these are on the website. <https://www.freemansd.org/Page/3427> There is an image on the district homepage that links directly to the homepage with is hosted on the High School website under athletics – camps/clinics.



FREEMAN CROSS COUNTRY PRESENTS
Run the Palouse 2025
1 MILE OR 5K
Fun Run
Sat. May 17th - Freeman High School
Cost: 1M - \$25, 5K - \$30 if reg. & paid by 5/3
1M - \$30, 5K - \$35 after 5/3*
*Short included only if registered & paid by 5/3
Times: 1 Mile - 9:30am
5K - 9:50am
Register:  freemansd.org/runthepalouse
Questions: Email: runthepalouse@gmail.com
Run the Palouse is a 5K/1 Mile Fun Run put on by the FHS Cross Country Team.
All ages and skill levels are welcome, from walkers to competitive runners.
Proceeds benefit Freeman High School Cross Country.



PRICE GOES UP
MAY 4TH
Run the Palouse 2025

other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509-291-3695, 15001 S Jackson Rd. Rockford, WA 99030