

Freeman Middle Scoop – 8-22-25

FMS Office Hours are 7:45 am to 3:45 pm. Doors are open to students at 8 am.

Email: FMSoffice@freemansd.org Office phone (509)291-7301 Attendance line (509)291-7425

FMS Back to School Picture Day is Thursday, August 28, 2025. Online Order # is FAL227194

Great Start to the School Year!

What a great week! Thank you for the amazing energy and positive attitudes your children brought to school—we are off to such a strong start and want to keep it going! Middle school students checked out their Chromebooks and chargers today; please remember that they are responsible for any damage while the devices are in their care. The school's internet filtering system also works on the Chromebooks even when they are at home.

Looking ahead to next week: after-school activities begin (cross country, football, and softball). This year, Freeman Middle School will include 6th, 7th & 8th graders in all activities except football (by state rule). School **Picture Day** is on Thursday, and also on Thursday, Skyward grade books will open for Family Access. We look forward to another great week at Freeman Middle School!

Please enjoy our staff “Back to School” pictures!



Solar Project Work Session

Join us to learn more about this project and provide feedback. August 27 at 5 pm.
Click [HERE](#) for more information.

FMS Back to School Night: Wednesday, September 3 @ 6:00 PM

- Assembly in the FMS gym
- Follow your student's schedule
 - 10-minute rotations in classrooms



[Scottie Dash Sponsorship Letter](#)

[Sponsor Pledge Form](#)

Thank You to our Sponsors that have already committed!



SAVE THE DATES:

- Picture Day – August 28
- “Scotties Be Nice” Week- Monday, September 8-Friday, September 12
- TK-8 Scottie Dash: Friday, September 26

RETURNING STUDENTS:

- Every year we must have all back-to-school forms completed for every student.
- Contact the FMS office at jmoyer@freemansd.org if you need help logging into your Family Access Account.
- Please log in to Family Access and complete form sets for each student.
 - You can find this on the left side of your home page on the Skyward Family Access screen titled
 - “FMS Registration for All Returning Students”.

- Included in the forms is our Chromebook Assurance Plan Opt-In/Opt-Out Form. For you to opt-in for this "insurance", you will need to select opt-in AND pay your \$20 premium no later than September 15th, 2024.

Student Schedules:

Schedules are open. If your student would like to request a schedule change, the student will need to complete the following: [FMS Schedule Change Request](#). Schedule change requests will not be accepted after the end of school on Tuesday, August 26th.

Click - [FMS 25-26 Parent/Student Handbook](#)

- This covers all FMS policies including cell phones, attendance and discipline, etc.

As we transition back to school, we would like to remind families about cell phones. Cell phones, ear buds, and smart watches must be turned off upon arrival and remain off until 2:45 p.m., with devices stored in lockers during the school day. This policy helps us avoid issues such as cheating, inappropriate messaging, class disruptions, and distracted learning. If your child needs to contact you during the day, they should use the office phone, and in an emergency, parents may call the middle school office at (509) 291-7301. Please help us by monitoring your child's technology use and reinforcing these expectations at home. Diabetic students may carry a phone for medical monitoring with arrangements made through the school nurse.

SPORTS: New this fall- 6th graders are eligible for all sports except football (by state rule)

Check the [Freeman Middle School Athletics](#) page for updated information.

[DRAFT sports schedule](#) to review 25-26 SY DRAFT sports schedules.

FINAL FORMS ATHLETE REGISTRATION: <https://freeman-wa.finalforms.com/>

Athletes will not be able to practice, or stay at practice, unless all paperwork is completed and they have a current physical.

OFFICE REMINDERS:

- Attendance
 - To excuse an absence, parents and or guardians should e-mail FMSoffice@freemansd.org or call (509-291-7425) with the student's name, grade, and reason for absence. To excuse a student arriving at school late or to have your student released early, please e-mail or call the office. Students will be released from class once a parent or guardian has communicated with the office. Students will not be excused to leave school unless we have received communication from a parent or guardian.
- The Middle School Office is closed for lunch the same time as your students lunch time. If you need to pick up your student during this time, please check in at the FES Office.
- Bus Rider Changes? Bring a Note!
 - **Riding with a Friend:** If you plan to ride home with a friend on their bus, you must bring a written note from your parents or guardian. The note should include both your name and your friend's name.
 - **Riding a Different Bus:** If you need to ride a different bus than your assigned one, a written note from your parent or guardian is required. Please specify the bus number and stop you will be taking.
 - **Riding to a Different Stop:** If you're getting off at a different bus stop than usual, a note from your parent or guardian is necessary. Please indicate the friend's name.
 - **Riding in a Car:** If you are a car rider with a friend, the office needs a note from the parent or the student will be placed on their regular school bus
 - Notes and/or phone calls must be turned into the main office by **2 pm** on the day of the change.

- If the office doesn't receive a note/phone call – you will have to ride your regular bus to your bus stop
- If you have any questions, please don't hesitate to contact the school office 509-291-7301.

CALENDAR:

August 20 – First Day of School

August 27 – FSD Board Meeting – PRTC Conference Room @ 6 pm

August 28 – FMS Picture Day

August 29 – NO SCHOOL

September 1 – NO SCHOOL- Labor Day

September 3 – FMS Back to School Night – 6 pm

September 24 – Late Start

October 23 – 24 – Conferences – No School

Freeman School District Nutrition Services

1. Free/Reduced Price Meal Application materials for SY 2025/26 are available now on the FSD Nutrition Services Website:
<https://www.schoolnutritionandfitness.com/index.php?sid=1484349669652&page=lunchapps>.
2. Aug/Sep Menus for breakfast and lunch for all grade groups are available now on the FSD Nutrition Services Website:
<https://www.schoolnutritionandfitness.com/index.php?sid=1484349669652&page=menus>. You will need to scroll to the middle of the page to access them.
3. 25-26 Meal Pricing:
 - a. Elementary – Breakfast - \$2.20 Lunch - \$3.60
 - b. Middle School – Breakfast - \$2.50 Lunch - \$3.90
 - c. High School – Breakfast - \$2.50 Lunch - \$3.90
 - d. Adult - Breakfast - \$3.20 Lunch - \$5.00
4. PAYMENTS: Deposits can be made to a student meal account as follows
 - a. Payments can be made online at <https://wa-freeman.intouchreceipting.com/>
 - b. We also accept cash and checks at both FMS and FES in the school office.
 - c. If your household has a negative balance on their meal account from SY 2024/25, ***please*** begin to pay down the negative balance.

Stay informed on all Freeman SD information see here for more information: [SMS Text Opt-In](#)

Click here for more information: [Qustodio](#)

- As part of our commitment to your child's online safety. Freeman School District has partnered with Qustodio. As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

[Robotics Calendar/Introduction](#)

[2025-2026 School Calendar](#)

[FMS 2025-2026 School Supply List](#)

[Freeman Elementary Scottie Scoop](#)

[Freeman High School Friday Flyer](#)

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509-291-3695, 15001 S Jackson Rd. Rockford, WA 99030