



JANUARY 17, 2025

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

A MESSAGE FROM THE PRINCIPAL

Hello Scottie Parents/Guardians/Families!

Over the past few weeks, I've indicated that FHS is reintroducing Scottie Time for students every Friday except for the first Friday of each month. Scottie Time allows all students to self-select into a 30-minute educational activity that may include: getting extra help from a teacher, retaking a test or quiz, making-up missed work, or furthering one's study in content area curriculum. All students will receive a link in their *goscotties* email every Wednesday to select a Scottie Time offering from a menu of options. Teachers may also assign students to attend a specific Scottie Time session. On Fridays, students will then attend their selected experience. As this is new, we will observe this change closely and make changes accordingly, so thank you for your patience. It is our goal to operate Scottie Time up to Spring Break and then evaluate its effectiveness.

I'd like to close today by congratulating our SkillsUSA program for their success at a local construction competition. Austin Guinn finished 4th among all competitors - way to go, Austin!

Go Dawgs!
Jeff Smith, Principal

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

In This Issue

Principal's Message

PAGE 01

Safety, Security & Tech Levy

PAGE 02

Upcoming Events

PAGE 02

Alumni Band Night

PAGE 02

Pastries with Parents

PAGE 03

Vending Machines @ School

PAGE 03

CTE/College & Career Readiness

PAGE 04

Athletic News & Events

PAGE 05

Daily Happenings/FYI

PAGE 06

Athletics Dinner & Auction

PAGE 07-08

Student Highlights

PAGE 10-11



FREEMAN
SAFETY,
SECURITY, AND
TECHNOLOGY
LEVY

DID YOU KNOW?

OUR DISTRICT HAS OVER 200 SECURITY CAMERAS THAT NEED TO BE MAINTAINED, UPDATED, AND REPLACED TO KEEP OUR CAMPUS SECURE.

BALLOTS ARE COMING SOON

www.freemansd.org/levy

Join us for our annual

BAND
ALUMNI NIGHT

@ Freeman Basketball



FEB 1
2:45pm
FHS Gym

If you are a Freeman Alumni and interested in playing in our band at the Basketball games on February 1st, please email Mr. Jydstrup at jjydstrup@freemansd.org and he will send you the music and have an instrument ready for you if you need one. Hope to see you there!



JANUARY 20TH
NO SCHOOL - Martin Luther King Jr Day

JANUARY 27TH
FSD Board Meeting - 11am
PRTC Conference Room

FEBRUARY 5TH
LATE START - 10:15am

FEBRUARY 17TH
NO SCHOOL - Presidents' Day

FEBRUARY 27TH
FSD Board Meeting - 6pm
PRTC Conference Room

MARCH 7TH
NO SCHOOL - Snow Make Up Day

MARCH 11TH
North Palouse Industry Fair



VENDING MACHINES HAVE RETURNED TO FHS HALLWAY

Coca-Cola vending machines were installed in the FHS lower student hallway this week. All products in the machines meet the nutrition guidelines for US schools. Students are able to access the machines during school hours with cash or card to purchase sugar free sodas, Powerades, water, etc.





PLEASE JOIN US FOR

PASTRIES WITH PARENTS & COMMUNITY

PARENTS, GUARDIANS, GRANDPARENTS, AND
OTHER VIPS ARE INVITED TO JOIN US FOR A SWEET
START TO THE DAY

FREEMAN HIGH SCHOOL
MULTI-PURPOSE ROOM
FRIDAY, JANUARY 31
7:30 AM

CLASS FEES FOR SECOND SEMESTER HAVE BEEN ASSIGNED

Please note that class fees for second semester (if applicable) have been assigned to student accounts. Please login [here](#) and check the status of your student's account at FHS and make payments as needed. Fines and fees are not visible in Skyward Family Access only our online payment platform. If you have any questions, please email Kristal Hayek khayek@freemansd.org.

NO SCHOOL - Snow Make Up Day



C

T

E

COLLEGE CAREER

readiness

January is SCHOOL BOARD APPRECIATION MONTH



Dave Teague



Danielle Santman



Bill Morphy



Annie Keebler

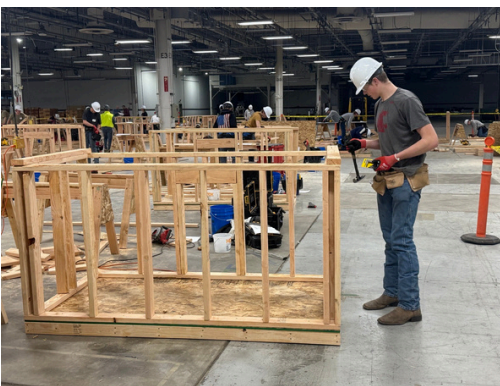
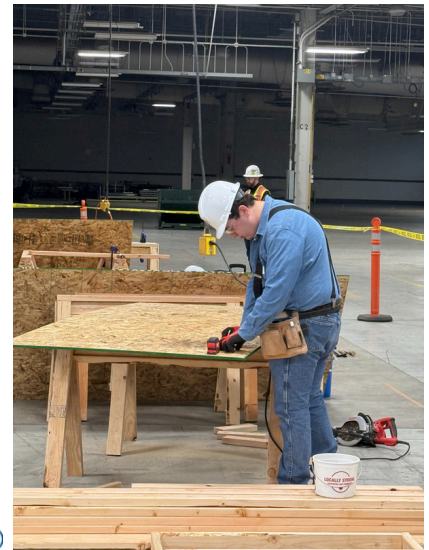


Nate Talbott

Thank you for your dedication and service to our students, schools and community!



SkillsUSA®



SkillsUSA competed in the Regional Construction Competition on January 10th at Associated General Contractors (AGC). Austin Guinn placed 4th in this competition, making him an alternate for the upcoming state competition. Tanner Goldsmith and Austin Guinn both did great work. Congratulations!



Upcoming Sports



1/17 - vs. Lind/Ritzville GJV-4pm, BJV-5:30pm, GV-5:45pm, BC-7pm, BV-7:30pm

1/18 - @ Lake Roosevelt BJV-1:30pm, GV-3pm, BV-4:30pm

1/23 - @ Colfax GJV-4:30pm, BJV-4:30pm, BC-6pm, GV-6pm, BV-7:30pm

1/24 - vs. Liberty BJV-4pm, GJV-5:30pm, BV-6pm, BC-7pm, GV-7:30pm



1/18 - @ Ferris Saxon Shuffle 9am

Sports Links:



[Pay Fines/Fees](#)



CONGRATULATIONS



ATHLETE
OF THE WEEK

QUINCY
PAXTON

WRESTLING



CONGRATULATIONS



ATHLETE
OF THE WEEK

LOGAN
PECHT

BASKETBALL



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive a note or a call, your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.80



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



ATHLETICS AUCTION & Dinner Fundraiser

March 15th | 5:30pm
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

BUY TICKETS HERE

**\$60/PERSON
\$450/TABLE OF 8**



Purchase a table & sit with friends for
RESERVED SEATING. Individual tickets and
couples will be **OPEN SEATING.**

How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - use booking id# 12691 CALL 1-800-523-2464 (sold out last year)

If you have questions, would like to donate or volunteer please email khayek@freemansd.org

AUCTION

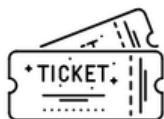
WISH

LIST



benefitting Freeman High School Athletics

Our 3rd Annual Freeman Athletics Auction & Dinner is March 15, 2025. We are currently looking for donation items. Below are some ideas. If you can help with any of these items, please email one of the committee members listed at the bottom of this page.



TICKETS & PASSES

Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



CRAFTED ITEMS

Handmade items, woodworking, metal works, custom gifts



VACATIONS & EXCURSIONS

Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.



GIFT CARDS

Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.



HOSTED PARTIES

Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.



UNIQUE & RARE ITEMS

Collectibles, sports memorabilia, sports equipment, collectibles

If you would like to donate, please complete the donation form and return to one of us by Feb. 15th:

JILL MORPHY

jill.morphy@hotmail.com

LESLEY LOCHMILLER

lesleylochmiller11@gmail.com

KRISTAL HAYEK

khayek@freemansd.org

Love ON OUR FREEMAN COMMUNITY!



TUESDAY, JANUARY 28TH

5:00-9:00PM

Enjoy all your favorites while this Freeman owned restaurant graciously donate 20% back to the Freeman PTSG so our kids can have more fun!

14700 E Indiana Ave #1182
Spokane Valley, WA 99216

Your support makes a difference!
We hope see you there!

Student HIGHLIGHTS



CHOPPED

The FHS Culinary Class performed their own version of “Chopped” this week. The final round of competition will be next Tuesday.



Student HIGHLIGHTS



WELDING CLASS



Photos: FHS Yearbook Staff