

NOVEMBER 21, 2025

# THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

## PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

As I watch our students achieve in the classroom, in athletics, in the arts, and at club competitions, I am constantly reminded that there is plenty to be thankful for at Freeman High School. I believe that Freeman HS achieves consistent excellence in these areas because we have outstanding teachers, coaches and advisors; we have a supportive community; and we have students who are eager to improve. While impressive, there is one element of our FHS student community that continues to keep me awake at night; continues to cause me great dismay; and continues to become increasingly frustrating: the way some students choose to treat one another. Over the past seven school days alone, five instances of derogatory language used at/or around other students have been brought to administration's attention. Derogatory language and slurs are not tolerated at FHS. They are not slang; they are harassing, intimidating or bullying. While most students are not using inappropriate language, silence is often perceived as acceptance. We have worked to build a positive culture that respects all students through our POWER value work; our Student of the Month recognitions, our SEL activities, and our staff professional development; and we will continue to do so. We have fully investigated and assigned discipline to all instances of inappropriate language toward others; and we will continue to do so. I never expect students to be "friends" with all other students at Freeman, but I do expect students to respect the dignity of all other students at Freeman. I invite you to consider discussing with your student how he/she can help be a part of a solution concerning how students treat one another at FHS. If you need talking points for conversation, please feel free to contact us. As a school community, I believe that we can do much better. Go Dawgs!

Jeff Smith

Principal, Freeman High School

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, [rrussell@freemansd.org](mailto:rrussell@freemansd.org), 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

## In This Issue

Principal's Message

PAGE 01

Thank You Freeman Community

PAGE 02

Upcoming Events

PAGE 02

Annual Tree of Sharing

PAGE 03

Yearbook News &amp; Finals Sched.

PAGE 03

College &amp; Career &amp; CTE News

PAGE 04

Athletic News &amp; Events

PAGE 05

Daily Happenings/Gen. Info

PAGE 06

Barnes &amp; Noble Book Fair

PAGE 07

Student Highlights

PAGE 08-10



# Thank You Freeman Community



*We are incredibly grateful for the continued support of our Freeman community. Because of your commitment and investment in our schools, we are proud to host district and state playoff games (such as tonight's) right here on our home field. The turf project has created new opportunities for our student-athletes and the community and strengthened the sense of pride we all share in being Scotties. Thank you for believing in our district and for making a lasting impact on our students, families, and community.*

## UPCOMING events

**NOVEMBER 24TH-28TH**  
NO SCHOOL - Break

**DECEMBER 1ST**  
Winter Sport Team Photos

**DECEMBER 3RD**  
Late Start for Students 10:15

**DECEMBER 5TH**  
AM Activity Bell Schedule

**DECEMBER 10TH**  
School Board Mtg. 6pm

**DECEMBER 12TH**  
AM Activity Bell Schedule

**DECEMBER 15TH**  
FHS Band/Choir Concert -  
7pm

**DECEMBER 18TH-19TH**  
Finals - See Bell Schedules on  
Pg. 3

**DEC 20TH - JAN 5TH**  
NO SCHOOL - Break





## WHAT'S UP?

Would you like to read about what's happening at the elementary or middle school? Get caught up with their Friday newsletters here:

**FES**  
FREEMAN  
ELEMENTARY

**FMS**  
FREEMAN  
MIDDLE SCHOOL



## ANNUAL FREEMAN TREE OF SHARING

The annual Freeman Tree of Sharing program provides Freeman families with gifts and extra assistance this holiday season. We have at least 18 Freeman families who will be recipients including students from all 3 buildings. If you, your family or a group you are part of are interested in "adopting" an entire family and providing gifts, please contact Stacey Rawson at [srawson@freemansd.org](mailto:srawson@freemansd.org) or call 509-291-4791 by Sunday, November 30<sup>th</sup>. If you are interested in donating an individual gift to a Tree of Sharing child or family, please look for more details in an email after Thanksgiving break on Monday, December 1<sup>st</sup>. Gift tags will be available for selection at that time using an online system. For more information please email Student Services Director, Stacey Rawson at [srawson@freemansd.org](mailto:srawson@freemansd.org) or call 509-291-4791.



## IMPORTANT YEARBOOK NEWS

**Yearbook photos:** If you are in a club or an activity class such as band or choir, we will be taking group photos on Monday, December 1 during periods 5-7. Please come to the gym when your group is called.

**Yearbook Senior group photo:** our class of 2026 and 13 year senior pictures are scheduled for Monday, December 1 at 2:40pm in the gym. Please make sure to come down when called at the end of our group photos.

## FINALS SCHEDULE DEC. 18-19

### Final Schedule Day 1 (Thursday, Dec. 18)

**Period 1: 8:15 AM – 9:15 AM (FINAL)**  
**Period 2: 9:20 AM – 9:45 AM (class time)**  
 Scottie Break: 9:45 AM – 10:00 AM  
**Period 3: 10:00 AM – 11:00 AM (FINAL)**  
**Period 4: 11:05 AM – 11:30 AM (class time)**  
**Period 5: 11:35 AM – 12:35 PM (FINAL)**  
 Lunch: 12:35 PM – 1:10 PM  
**Period 6: 1:15 PM – 1:40 PM (class time)**  
**Period 7: 1:45 PM – 2:45 PM (FINAL)**

### Final Schedule Day 2 (Friday, Dec. 19)

Period 1: 8:15 AM – 8:35 AM (class time)  
**Period 2: 8:40 AM – 9:40 AM (FINAL)**  
 Period 3: 9:45 AM – 10:05 AM (class time)  
 Scottie Break: 10:05 AM – 10:20 AM  
**\*Period 4: 10:20 AM – 11:20 AM (FINAL)**  
 Period 5: 11:25 AM – 11:45 AM (class time)  
 Lunch: 11:45 AM – 12:15 PM  
**Period 6: 12:20 PM – 1:20 PM (FINAL)**  
 Period 7: 1:25 PM – 1:45 PM (class time)  
 Activity Period: 1:50 PM – 2:45 PM (55 minutes – Cookies & Cocoa)

\*Students attending NewTech will be able to arrange alternate times with 4th period teachers as needed



CTE

COLLEGE CAREER  
readiness

# TRACTOR DRIVING



Three FFA members (Tucker Hawk, Rex McGowan and Chase Jacot) participated in the state tractor driving competition, at the Grant County Fairgrounds. Students participate in a written exam, parts identification and tractor driving course. Tucker Hawk placed 40<sup>th</sup> overall out of 145 competitors. Freeman team placed 13<sup>th</sup> overall.



*Instant*  
**DECISION DAY**

Washington State University was here for Instant Decision Day. This is when students meet with the Admissions rep, submit their applications, and know right away their admission status for the fall. Congratulations to our students!!!





## Upcoming Sports



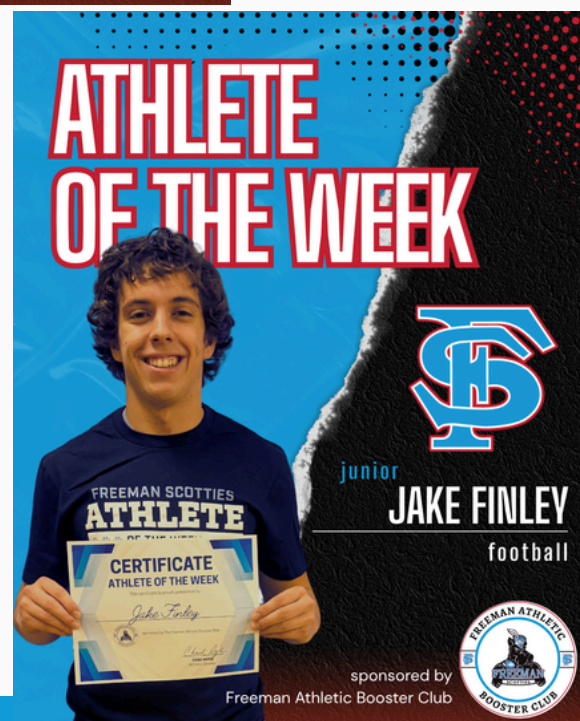
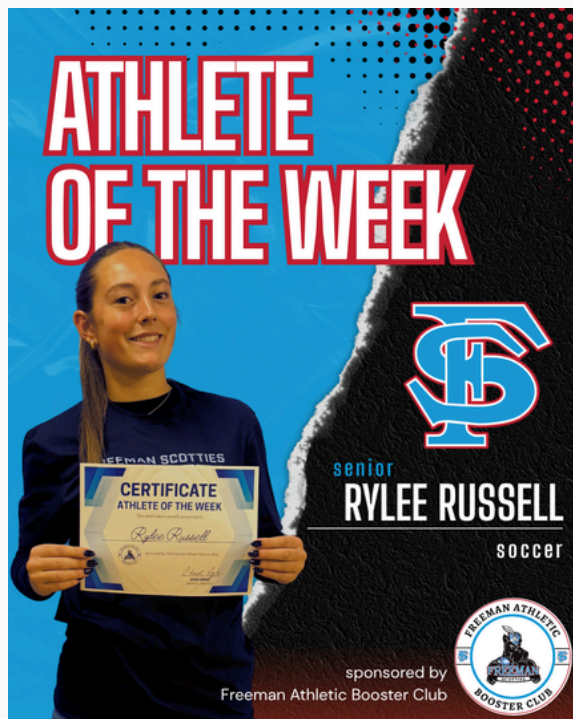
**11/21** - 2nd Round of State Varsity vs. Okanogan 6pm  
Purchase tickets [here](#)



**11/22** - State Championship Game in Tacoma 1:00pm  
Purchase tickets [here](#)

## Winter Sports Team Photos

Leo's will be here on Monday, December 1st, to take team photos for our winter sports. Photo packets will get sent home with athletes in the next week but if you would like to order photos online simply visit [Leo's website](#) and type in order code SPO4014.



## Sports Links:



[Pay Fines/Fees](#)







## Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

### BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

### ATTENDANCE LINE

Please email [fhsoffice@freemansd.org](mailto:fhsoffice@freemansd.org) or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

### BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

**SCOTTIE BREAK** We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

**LUNCH** - served at the High School in the MPR. Cost: \$3.90. Click image for menus.

*Menu*



### ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



# BARNES & NOBLE BOOKFAIRS

**Freeman School District**

**Saturday, December 6th**  
**Barnes & Noble 15310 E. Indiana**

**Shop in store or online Dec. 6<sup>th</sup> – 11<sup>th</sup>.**

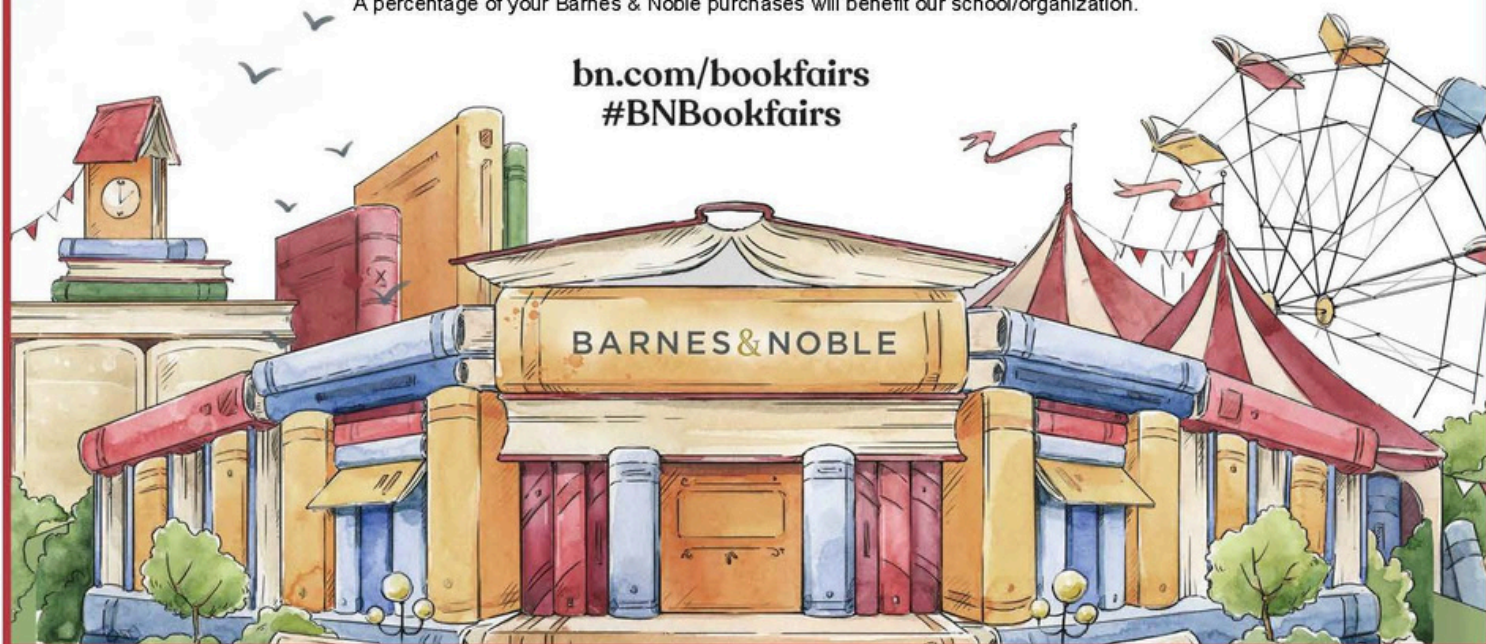
- See our choir perform at 11:00am!
- Barnes & Noble will donate a portion of Freeman sales toward the purchase of new books the students have chosen. In order for us to earn credits, please let the checkout counter know you came to support the Freeman Book Fair & show code below.

## **Can't attend our bookfair at Barnes & Noble?**

Visit [bn.com/bookfairs](https://bn.com/bookfairs) to support us online from 12/6/25 to 12/11/25  
by entering Bookfair ID 12922803 at checkout.

A percentage of your Barnes & Noble purchases will benefit our school/organization.

[bn.com/bookfairs](https://bn.com/bookfairs)  
#BNBookfairs





# Student HIGHLIGHTS



Soccer State Send Off



Football  
State Send Off





# Student HIGHLIGHTS



## UNIFIED bowling

Our Unified Bowling team took home the trophy today from the Eagle Bowling Classic at North Bowl in Spokane! We had a wonderful time and are feeling truly thankful for our community as we approach Thanksgiving.



# Student HIGHLIGHTS



Some of our SkillsUSA students were at AGC (Associated General Contractor) apprenticeship center for a SkillUSA prep event today. This is a practice competition to prepare them for the regional competition that takes place in January.



SkillsUSA®