



NOVEMBER 8, 2024

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

A MESSAGE FROM THE PRINCIPAL

Hello Scottie Parents/Guardians/Families!

A special "thank you" this week to Mr. Monasmith, our ASB officers, and our Leadership class for organizing and executing a heartfelt salute to all of the Veterans in the Freeman community. Thank you also to Mr. Jydstrup and the members of our choir class for their fantastic performance. Finally, thank you to Mrs. Frazier and the members of our Culinary class and for their tasty breakfast and hospitality. I am proud of all of these students, staff and all the members of the FHS student-body for the respect and gratitude they show to our Veterans. To all Veterans who are part of the Freeman community, thank you; thank you for your courage, dedication and sacrifice. You are true role models for all of our students, and we are deeply grateful for all that you have done to protect us and our freedoms. Today, and every day, we thank you!

Go Dawgs!

Jeff Smith
Principal, Freeman High School

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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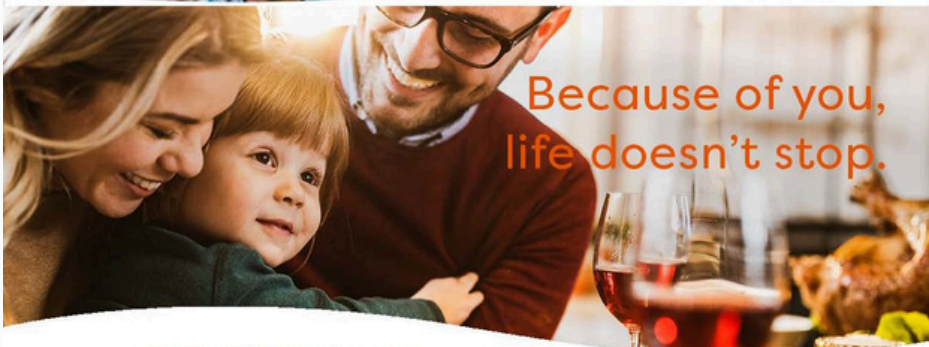
IMPORTANT SENIOR YEARBOOK DETAILS

SENIORS - it's time to submit the other pieces of your yearbook section. I have posted links to submit your senior quotes and your Remember Whens to the yearbook. Both are due Wednesday, November 20th. Please either go to your Class of 2025 Google Classroom or to your goscotties email to complete these. No submissions will be accepted past the deadline, so please don't wait to complete them.

[Senior Quote Link](#)
[Remember Whens Link](#)



Young Donors are
THE FUTURE
of Our Nation's
Blood Supply.



Because of you,
life doesn't stop.

FREEMAN HIGH SCHOOL BLOOD DRIVE

Date: November 22, 2024
Time: 8:30 AM to 1 PM
Location: Main Gym

To sign up, reach out to
Mr. Ripke or Mr. Monasmith
or Scan the QR code~ Thank you!



ADVANCE
APPOINTMENTS
are encouraged to help
maintain social distancing.



UPCOMING events

NOVEMBER 11TH
NO SCHOOL - Veterans Day

NOVEMBER 18TH
Winter Sports Begin

NOVEMBER 20TH
FSD Board Mtg. 6pm - PRTC
Winter Sport Parent Mtg. 6pm

NOVEMBER 22ND
Vitalant Blood Drive

NOVEMBER 25TH-29TH
NO SCHOOL - Thanksgiving
Break

DECEMBER 4TH
LATE START

DECEMBER 11TH
FSD Board Mtg. 6pm - PRTC

DECEMBER 18TH
Band/Choir Winter Concert
6:00pm

DEC 23RD-JAN 6TH
Winter Break - NO SCHOOL



C

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E

COLLEGE

CAREER

readiness



EASTERN
WASHINGTON UNIVERSITY

We had the pleasure of welcoming Eastern Washington University for Instant Decision Day. I'm thrilled to share the five of our seniors applied and received their acceptance to EWU on the spot! Thank you to EWU for this incredible opportunity and for supporting our students' future success.



IMPORTANT COLLEGE & CAREER READINESS DATES:

- November 13: Central Washington University here during lunch in Library
- November 13: SCC Trades Event 9am-12pm. Sign up in 2025 Google Classroom
- November 14: Coast Guard here during lunch
- November 20: Whitworth University visit during lunch in the Library
- December 1: FAFSA Opens for Class of 2025
- December 2: ASVAB Testing
- December 6: FSAID Assistance for Seniors in the Library 12:15pm - 1:00pm



Upcoming Sports



11/15 or 16 - First Round of State day, time and opponent TBD



11/9 - District Championship @ Freeman - 5pm

[BUY GOFAN TICKETS HERE](#) - \$8/\$6 *passes & ASB cards not accepted



11/13&14 - State in Yakima. Brackets released on Sunday

CROSS COUNTRY 11/9 - State in Pasco

Sports Links:



[Pay Fines/Fees](#)



Winter Sports Begin Monday, November 18th

Girls Basketball, Boys Basketball and Wrestling begin Monday, November 18th. If you have not received any communication from coaches, that is most likely because your student is not signed up for the sport in [Final Forms](#). Please go in and add your student and the sport in Final Forms then complete all paperwork.

First day practice times are as follows:

Wrestling - 3pm in the hitting facility behind the school

Girls Basketball - 3pm blue gym

Boys Basketball - 5:15pm blue gym

Please make sure to pay your winter sport fees as well. They are due by the first game. Fees are listed below. You will need to login to the [payment site](#) and use "select items at students school" and then find the appropriate items to add to your cart.

Winter Sport Fee	\$25
Transportation (only due 1x/year)	\$20
ASB Card (only due 1x/year)	\$35

If you are unsure if you have paid, you can check your customer history online or feel free to call Kristal at the office at 291-3721 or email khayek@freemansd.org.

Winter Sports Mandatory Parent Meeting

Wednesday, November 20th at 5:15pm we will hold our mandatory parent meeting for ALL Winter sports. We will start in the blue gym where Mr. Ripke will go over some school-wide expectations and details. After that is complete, each sport will go to their own individual meeting with coaches.

The expectation is that each kid playing a Winter sport will have a parent present for this meeting.



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -- 1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min



ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive a note or a call, your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.80



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

Freeman School District

FOOD DRIVE

**NOVEMBER
12 - 21**



The 2024 food drive is a district wide effort to provide food to families in our community for the holiday season. Our goal is to raise 3000 lbs of food!

All food donated will go to the North Palouse Food Bank and "Fill the Gap" program.

DROP-OFF LOCATION

 **FHS, FMS, and FES**

**Please keep beans,
corn, and ramen to a
minimum**

ITEMS NEEDED

- ▶ Canned Food
- ▶ Dry-box Mixes (Mac and Cheese, baking items, noodles, etc.)
- ▶ Single Serving Breakfast, Lunch and Snack Items
- ▶ Dry Cereals
- ▶ Frozen Turkeys



Cybersecurity After School Program

Explore the World of Ethical Hacking!

What We Do:

- Learn about cybersecurity tools and techniques in a safe and ethical environment.
- Get hands-on experience with tools like wireless pineapples, Kali Linux, and more.
- Dive into real-world skills used to protect networks, secure data, and keep the internet safe!

Activities Include:

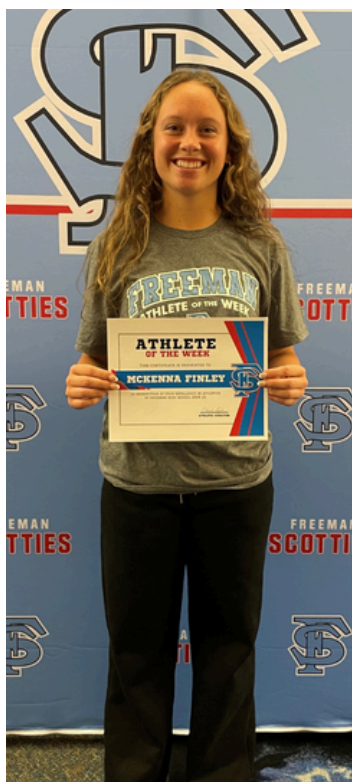
- Ethical hacking workshops
- Capture the Flag (CTF) challenges
- Guest speakers from the cybersecurity industry
- Group projects and competitions

Who Can Join? All students interested in technology, hacking, and cybersecurity are welcome! No experience is needed.

Why Join? Cybersecurity is one of the fastest-growing career fields. Joining our club is a great way to learn valuable skills and discover a possible career path!

When and Where? Wednesdays, right after school until 5pm in Mr. Monasmith's room, #118. First meeting will be November 6th. **Please note**, 11/6 and 11/13 the program will end at 4pm instead of 5pm. Other schedule changes will be discussed during meetings.

Student HIGHLIGHTS



CONGRATULATIONS



ATHLETE
OF THE WEEK

MCKENNA
FINLEY

SOCER



CONGRATULATIONS



ATHLETE
OF THE WEEK

PARKER
VERNON

CROSS COUNTRY

Student HIGHLIGHTS

FHS FALL SPORTS all qualify for State



Our Fall Athletics had enormous success this year!

All four sports qualified for State

Boys Football

Cross Country (Boys Team & 3 Girls)

Girls Volleyball

Girls Soccer

GOOD LUCK TO ALL!

Student HIGHLIGHTS



Freeman Cross Country State Send Off

*They are off to Pasco to compete at State tomorrow.
GOOD LUCK TO ALL ATHLETES!*

Student HIGHLIGHTS

Veterans Program



Student HIGHLIGHTS

Veterans Program



Student HIGHLIGHTS

Veterans Breakfast



Congratulations to our Culinary Class on a phenomenal job of preparing and serving the Veterans Breakfast this morning!