



MAY 9, 2025

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

A MESSAGE FROM THE PRINCIPAL

Hello Scottie Parents/Guardians/Families!

It is hard to believe that we are already one week into the month of May and only four and a half weeks of the school year remain! As May begins with AP and SBA testing, I greatly appreciate the focus and diligence of Freeman students with these exams. While we try our best to not disrupt the regular school day for the rest of the school during testing, it is challenging, and I also appreciate the patience of both our students and staff during these weeks.

In addition to testing, I am proud of how hard our Freemans students and staff are working in the classroom, and I remind you to please reach out to your student's teachers at any time if you have concerns or questions about your child's academic progress. Graduation and the year's end are just around the corner – hold on tight!

Go Dawgs!

Jeff Smith

In This Issue

Principal's Message

PAGE 01

Upcoming Events

PAGE 02

Run the Palouse Fun Run

PAGE 02

SBA Testing Information

PAGE 02

SE Spokane County Fair Royalty

PAGE 03

Athletics News & Events

PAGE 04

Daily Happenings & Details

PAGE 05

Student Highlights

PAGE 06-13

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

FREEMAN CROSS COUNTRY PRESENTS

Run the Palouse 2025

1 MILE OR 5K

Fun Run

Sat. May 17th - Freeman High School

Cost:

1M - \$25, 5K - \$30 if reg. & paid by 5/3

1M - \$30, 5K - \$35 after 5/3*

*Shirt included only if registered & paid by 5/3

Final Days to Register

Times:

1 Mile - 9:30am

5K - 9:50am

Register:



freemansd.org/runthepalouse

Questions: Email: runthepalouse@gmail.com

Run the Palouse is a 5K/1 Mile Fun Run put on by the FHS Cross Country Team.

All ages and skill levels are welcome, from walkers to competitive runners.

Proceeds benefit Freeman High School Cross Country.

SMARTER BALANCED ASSESSMENT (SBA)

Mark your calendars for the last of the SBA Testing.

10th Grade Math: May 20th & 21st, 8:15 am

We encourage you to ensure that your student's computer is fully charged prior to testing, so they can dive into the assessments without any technical hiccups. Additionally, if your student will be absent on any testing dates, please reach out to Heidi Youseph at your earliest convenience. We'll work together to schedule a make-up time that fits your student's needs.

UPCOMING events

MAY 17TH

Run the Palouse Fun Run

MAY 23RD

NO SCHOOL - Snow Make Up Day

MAY 26TH

NO SCHOOL - Memorial Day

MAY 27TH

Art Show 6pm

Band/Choir Concert 7pm

MAY 28TH

FSD Board Mtg. 6pm - PRTC

JUNE 2ND-3RD

Senior Finals

JUNE 7TH

Graduation 3pm

JUNE 11TH

LAST DAY OF SCHOOL



Southeast Spokane County Fair Royalty



Are you interested in representing your community and school as royalty for the SE Spokane County Fair?

Each year the Southeast Spokane County Fair board selects fair royalty to represent our community at annual local events. The chosen candidates also receive a scholarship. This year, the board is seeking four young girls (1 queen and 3 princesses). To qualify, you must be a current sophomore or junior attending either Freeman High School or Liberty High School. Each candidate will be sponsored by a local business or non-profit group in our area. Candidates will be judged on the following: application essay, judges interview, impromptu question and overall decorum. It is important that each candidate presents herself professionally, can speak well publicly and has knowledge of the SE Spokane County fair activities and events. Contestant punctuality, courtesy, and consideration to everyone is of primary importance at all times.

Selection Timeline

Application Deadline - Friday, May 16, 2025 (applications can be downloaded from: <https://sespokanecountyfair.com/fair-royalty>)

Candidate Meet & Greet - Thursday, May 22, 2025 @ The Rockford Grange

Candidate Interviews and Coronation - Sunday, June 1, 2025 @ The Fairfield Community Center

Scholarships

The chosen court will each receive scholarship funds to help further their education after high school.

Queen = \$500 Princesses = \$250

Required Community Events for the 2025 Royalty Court

- Fairfield Flag Day - Saturday, June 14th
- Tekoa Slippery Gulch - Saturday, June 21st
- Rockford Lions Club Car Show - Saturday, August 16th
- Southeast Spokane County Fair - Fri-Sun, September 19-21st
- Media Day with KHQ/KXLY - Dates TBD

Applications are due by Friday, May 16th

Submit to:

Kellie Miner: minerfamily@hotmail.com **Lisa Jacot:** lisa_jacot@yahoo.com

Phone: 509-979-6753

Phone: 509-251-4010

IMPORTANT COLLEGE & CAREER READINESS DATES:

- May 21: Trade Program Discovery Day @ SCC 8am-12pm



Upcoming Sports



5/10 - @ East Valley 9am
5/17 - Regionals @ West Valley 9am



5/9 - JV @ Lakeside Dbl Hdr 4:00pm & 5:45pm
5/14 - Districts @ Dwight Merkel 4pm & 6pm
5/17 - Districts @ Dwight Merkel - TBD
Admission: \$10/\$8



5/15 - Districts @ Gonzaga University - 11am then again at either 4:00 or 6:30pm
Admission: \$10/\$8



5/13 - @ Newport Invite 3pm



5/12 - Girls Districts @ Moses Lake 12pm

Sports Links:



Pay Fines/Fees



CONGRATULATIONS



ATHLETE OF THE WEEK

MADISON
BREBNER

SOFTBALL



CONGRATULATIONS



ATHLETE OF THE WEEK

MOLLY
AMEND

TENNIS



CONGRATULATIONS



ATHLETE OF THE WEEK

JACKSON
FLORENCE

BASEBALL



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive a note or a call, your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.80



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

Student HIGHLIGHTS



Students in the Culinary Class wanted to show their gratitude by baking cinnamon rolls and dessert pizzas in honor of Teacher Appreciation Week!

Student HIGHLIGHTS



Congratulations to our Freeman 2025

SPOKANE SCHOLARS

PARKER VERNON *fine arts*

PRESTON EIGENHUIS *social studies*

VANCE COYNER *science*

LEXIE KENNEDY *world language*


AUBREY GREGORY *english*

ADDY BOWEN *mathematics*



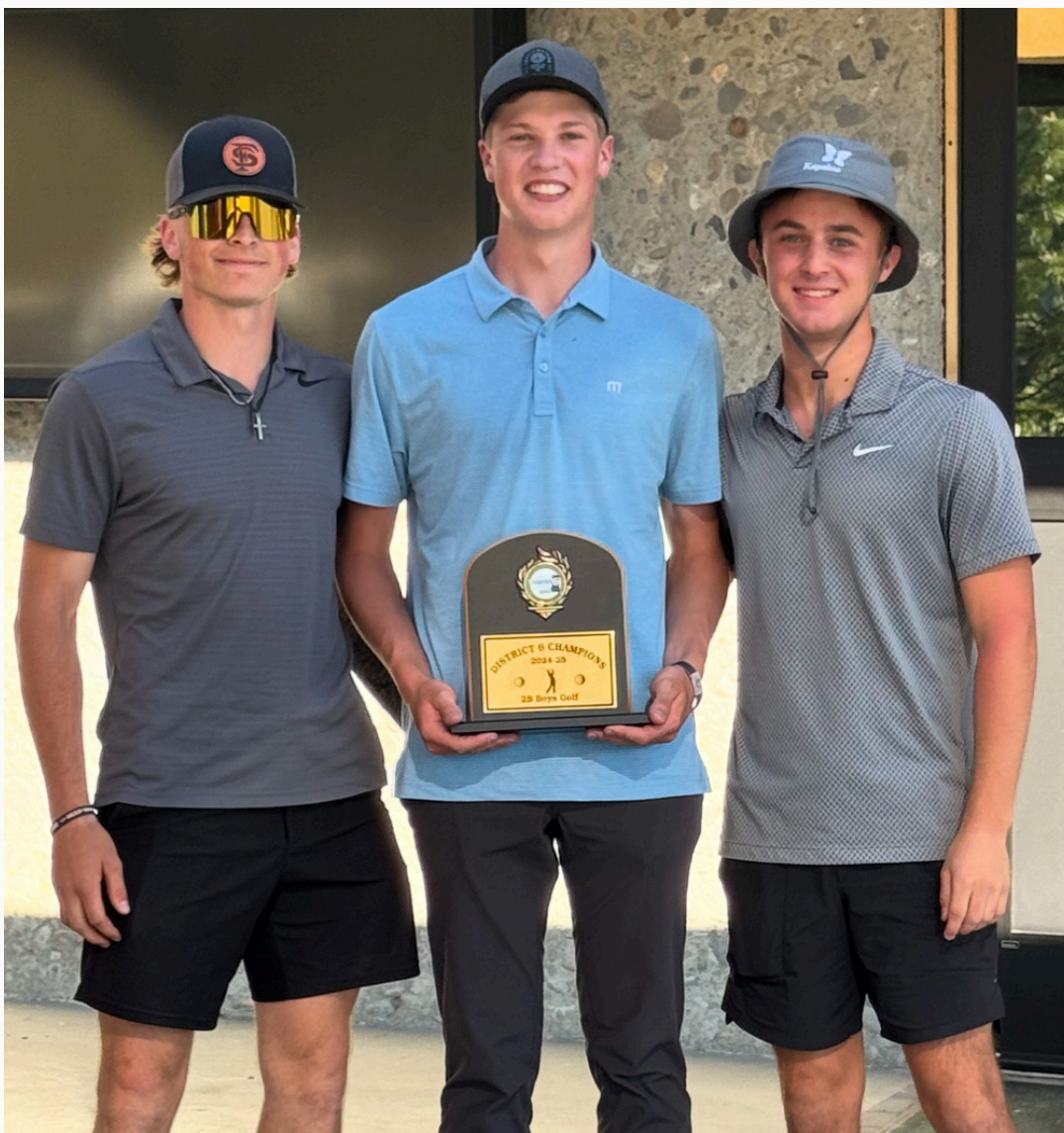
Student HIGHLIGHTS




**JUNIOR LIVESTOCK SHOW
OF SPOKANE**

Members of Freeman FFA participated in the Junior Livestock Show of Spokane last week. The Livestock Evaluation Team of Clara Dawe, Lila Kadzejs, Layla Roberts, Kevin Red, Drew Greger and Briley Snyder placed in the top 25 out of 50 schools.

Student HIGHLIGHTS



Logan Schultz
7th Place

Tanner Goldsmith
10th Place

Dawson Burk
4th Place



Golf State QUALIFIERS

Congratulations
Freeman Boys Golf
on winning the
District
Championship and
qualifying for State

SENIOR SPOTLIGHTS THIS WEEK

FUTURE PLANS:
Attend the University of Idaho to get my degree in Biochemistry


2025  2025

QUOTE:
"Success is a science; if you have the conditions, you get the results."
- Oscar Wilde




L
A
Y
L
A

FUTURE PLANS:
Attend a 4-year university to play football.

2025  2025

QUOTE:
"I wish there was a way to know you're in the good old days before you've actually left them."
- Andy Bernard



V
A
N
C
E

SENIOR SPOTLIGHTS THIS WEEK

FUTURE PLANS:
Attend Oregon State University to study pre-veterinary science

2025  2025

QUOTE:
"Be the good."



M
O
R
G
A
N

FUTURE PLANS:
Attend Western Washington University to play Volleyball and get my masters degree in Speech-Language Pathology and minor in Spanish

2025  2025

QUOTE:
"Wherever there is a human being, there is an opportunity for kindness."
- Seneca




B
R
O
O
K
E


SENIOR SPOTLIGHTS THIS WEEK

SENIOR SPOTLIGHTS THIS WEEK

FUTURE PLANS:
Work as a diesel mechanic for Western States Caterpillar

2025  2025

QUOTE:
"I may be dumb but at least I ain't stupid."



RILEY

FUTURE PLANS:
Attend Carroll College to study Anthrozoology

2025  2025

QUOTE:
"Consider how the wildflowers grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these." Luke 12:27



AMARRA

SENIOR SPOTLIGHTS THIS WEEK

FUTURE PLANS:
Attend Gonzaga University to study finance before becoming a high school teacher later in life.

2025  2025

QUOTE:
"There's a million things I haven't done, but just you wait."
- Lin Manuel Miranda



LANE

FUTURE PLANS:
Attend North Idaho College to play soccer and continue my education to become a Medical Assistant

2025  2025

QUOTE:
"Jesus loves you!"




ALENA


SENIOR SPOTLIGHTS THIS WEEK

SENIOR SPOTLIGHTS THIS WEEK

FUTURE PLANS:
Attend Boise State to study construction management

2025  2025

QUOTE:
"No such thing as a life better than yours."
- J. Cole



CODY

FUTURE PLANS:
During the summer I plan on doing wildland firefighting and continuing to pursue my pilot's license.

2025  2025

QUOTE:
"No pressure, no diamonds"
- Thomas Carlyle



IZZY

SENIOR SPOTLIGHTS THIS WEEK

FUTURE PLANS:
I will be attending the WSU ROAR program in Pullman for 2 years.

2025  2025

QUOTE:
"Anything is possible."
- Kevin Garnett



AIDAN

FUTURE PLANS:
Continue my education and volleyball career at Grand Canyon University and become a sports psychologist.

2025  2025

QUOTE:
"Lopes up"



ASPYN

SENIOR SPOTLIGHTS THIS WEEK

SENIOR SPOTLIGHTS THIS WEEK

FUTURE PLANS:
Attend the University of Idaho to study accounting and sports management


2025  2025

QUOTE:
"I ain't here for a long time. I'm here for a good time."
- George Strait




EMMA

FUTURE PLANS:
Plan to attend college to study accounting and finance

2025  2025

QUOTE:
"Today is the first day of the rest of your life. what are you gonna do with it?"
- Grandpa



DAWSON

SENIOR SPOTLIGHTS THIS WEEK

FUTURE PLANS:
Going to Grand Canyon University to study Biology with an emphasis in Pre Med. Play club baseball.

2025  2025

QUOTE:
"Be still and know that I am God." Psalms 46:10



BRENNEN

SENIOR SPOTLIGHTS THIS WEEK