

FREEMAN ELEMENTARY SCHOOL

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509-291-4791 x100

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Attendance Line: 509-291-7425
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sdaniel@freemansd.org

SCOTTIE SCOOP

MAY 9,
2025

Upcoming Dates

May 9&10	Spirit of Aloha
May 10	6:35pm = Spokane Indians Game
May 12	2:45-4:00pm = Extreme Science (FES CC)
May 13	2:45-4:00pm = Extreme Science (FES CC)
May 14	Science SBAC 5th Grade 2:45-3:00pm = Girl Scouts (FES CC) 2:45-3:00pm = Math is Cool (FES Lrge. Conf.) 5:30pm = PTSG Meeting (FES CC)
May 15	2:45-3:00pm = Chess Club (FES CC)
May 16	11:00am-10:00pm = Chuck E Cheese Fundraiser
May 17	Run the Palouse (FHS) 7:00pm = Lilac Armed Forces Torchlight Parade
May 19	2:45-4:00pm = Extreme Science (FES CC)
May 20	2:45-4:00pm = Extreme Science (FES CC)
May 20-22	ELA SBAC 3rd-5th Grades
May 21	2:45-3:00pm = Girl Scouts (FES CC)
May 22	1st Grade Field Trip 2:45-3:00pm = Chess Club (FES CC)
May 23	Snow Make Up Day = NO SCHOOL
May 26	Memorial Day = NO SCHOOL

Check out these kids!

Colt Dickinson (5th) and Sawyer Seehorn (6th) have been racing their little hearts out down in St. Maries Idaho the last 2 weekends. Colt has taken home 1st place both weekends and Sawyer placed 4th! These boys are working hard while keeping their grades up. They're also showing kindness, respect and gratitude to all the volunteers working their competitions, and each other. Way to go Colt and Sawyer!

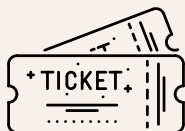


****If you would like to highlight and share your child's fun accomplishments in the Scottie Scoop, please e-mail bwineinger@freemansd.org with a picture and write up! If we have the space, we will add it to the Scoop!**

Spokane Indians Game

Freeman School District has a block of tickets reserved for the following games. Please click on the ticket image below for a link to purchase tickets for any of the following game dates!

- *May 10 @ 6:35pm
- *June 6 @ 7:05pm
- *August 14 @ 6:35pm



Upcoming Events/Opportunities

Check out this Scottie Scoop and the attached flyers! We have a lot of fun upcoming events and opportunities.

- *Spirit of Aloha (May 9th & 10th)
- *Chuck E Cheese Fundraiser (May 16)
- *Run the Palouse Fun Run! (May 17)
- *Hidden in Plain Sight Presentation (May 27)
- *See page 3 of the Scoop for FHS Sports Camps!
- *Spokane Indians Game (June 6)
- *2025-2026 District Calendar
- *Qustodio Technology News

2025-2026 ASB Officers

Congratulations to our newest ASB Officers! Everyone that ran did an amazing job and we had such a great turn out of candidates!



Evelyn Kann
President



Evan Schwartz
Vice-President



Gillian Gonsalves
Treasurer



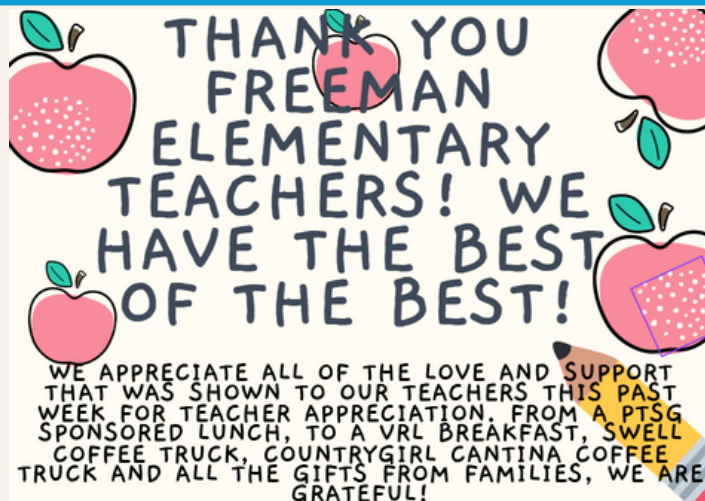
Brooklyn Rumsey
Secretary



Charles Bowen
Parliamentarian



Jack Kindred
Sergeant-at-Arms





HANDLING DISAPPOINTMENT: Not everything goes the way we want, and that's okay. Teach your child that setbacks are a normal part of life. When things don't work out, help them take a deep breath and think of a new plan. Learning to handle disappointment makes them more resilient. The more they practice, the better they'll get at bouncing back.

☛ Try This: Share a time when you faced disappointment and how you handled it. This shows your child that even adults deal with setbacks.

Questions about this or other ways to support your student socially or emotionally? Contact School Counselor Stacey Rawson.

Enrollment for the 2025-2026 school year for Transitional Kindergarten, Kindergarten and New Students is now open!

Please follow this [LINK](#) to register and make sure you choose the next school year. If your child is already in TK at Freeman, you do not need to register them again. They will roll up to K.

Please know that registering for TK is not a guaranteed spot.

If you do not plan on having your children attend Freeman next year, please let the office know!

Freeman Elementary 2nd and 3rd graders are growing their independence and confidence!
Find out more at www.letgrow.org

<p>Paige went to the Freeman Store...alone!</p>	<p>Clark and Sebastian went to McDonalds for lunch...alone!</p>	<p>Sophie went to the Dollar Tree...alone!</p>	<p>Sebastian mowed his lawn...alone!</p>
<p>Zoey made banana muffins...alone!</p>	<p>Freeman Scotties are INDEPENDENT!</p>	<p>Freeman Scotties are CONFIDENT!</p>	<p>Taylor went grocery shopping...alone!</p>

After School Sports/Activities

With the warmer weather and outside practices, please make sure you do not prop any outside doors open if you are here after school for sports practices or any other activities. The doors should all be closed and secured at all times.

Thank you for your cooperation in keeping our school safe and bugs out!

Upcoming HS Sports Camp

3 OF 3

There are several sports camps coming up for Elementary aged kids. These camps are put on by the FHS coaches and their teams as fundraisers. Please follow the links below for camp registrations that you are interested in. Each link should take you to that sport. You can also click on the image below and it will take you to the Freeman High School website with all of the links for each camp and the registration forms.



[Tennis Camp \(Grades 3-8\) May 28th & 29th](#)

[Boys Basketball Camp \(Grades 2-6\) May 28th & 29th](#)

[Elementary Volleyball Camp \(Grades K-5\) June 2nd - 3rd](#)

[Football Camp \(Grades 2-7\) June 2nd, 4th and 6th](#)

[Girls Basketball Camp \(Grades 3-7\) June 9th & June 10th](#)

[Soccer Camp Boys & Girls \(Grades 1-8\) June 17th - 19th](#)

Online Safety Hub

Please follow this [LINK](#) to go to our Online Safety Hub. This is a great resource for parents to understand the different apps that your children have or want to have, so you can make informative decisions about your child's online presence. See attached flyer for more information.

Opt-In to Text Messages

Another option
to get
information
from Freeman
School District!

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

Nutrition Services

BREAKFAST

Elementary Kids: \$2.20
Adults: \$3.20

12 Chocolate Chip Scone
Cereal & Goldfish
Craisins
Juice Variety
Chocolate Milk
White Milk

13 Banana Bread
Cereal & Goldfish
Juice Variety
Chocolate Milk
White Milk
Gala Apple

14 Cherry Strudel
Cereal & Goldfish
Fresh Orange
Juice Variety
Chocolate Milk
White Milk

15 Egg McFreeman
Cereal & Goldfish
Banana
Juice Variety
Chocolate Milk
White Milk

16 Cinnamon Roll w/icing
Cereal & Goldfish
Pear
Juice Variety
Chocolate Milk
White Milk

LUNCH

Elementary Kids: \$3.50
Adults: \$5.00

12 French Toast Sticks
Pancake Syrup
Sausage Patty
Alternate Lunch
Chocolate Milk
White Milk

13 Mozzarella Bread Sticks
Alternate Lunch
Chocolate Milk
White Milk

14 Popcorn Chicken Bowl
Alternate Lunch
Chocolate Milk
White Milk

15 Assorted Pizza
Alternate Lunch
Chocolate Milk
White Milk

16 Hamburger
Alternate Lunch
Chocolate Milk
White Milk

Freeman School District Nutrition Services (FSD-NS) will always feed students one full breakfast and one full lunch every day, regardless of free, reduced or paid status, and regardless of funding on a student's account. Even if a student has a negative balance on their meal account, FSD-NS will always serve a full meal if requested by the student.

However, please note that regardless of eligibility (F/R/P), if a student's meal account has a negative balance, FSD-NS will not serve a la carte items* to that student (chips, drinks, Rice Krispy Treats, individual milk or juice, etc.). We will serve these students a full breakfast or lunch if requested. Additionally, if a student wants a second serving of breakfast or lunch, there needs to be funds on the students account to pay for the second meal/entrée. If you have questions about FSD-NS procedures, feel free to reach out to FSD-NS Director,

Kent Bevers: kbevers@freemansd.org/509-291-7510

*A la carte items are not offered at breakfast or lunch to elementary students, with the exception of milk.



Come Celebrate the Spirit of Aloha *at Spokane's Riverfront Park!*

**4th Asian Native Hawaiian Pacific Islander Heritage Festival
14th Family Fun Fair the Ultimate Parenting Expo**

May 9th & 10th, 2025

**FREE Admission, Luau & Fire-Knife Show, Asian Food Trucks, 120+ Vendors,
Parenting Resources, Cultural Displays, Live Performances, & Educational
Activities. Information on Community Safety & Violence Prevention.**

Sponsors, Vendors & Volunteers Wanted

Charity@SpokaneUnitedWeStand.org

509.928.9664 | SpokaneUnitedWeStand.org



CHUCK E. CHEESE® FÜNdraising

Turning Fun into Funds™



**CHUCK E. CHEESE
DONATES
20%
ON THE SALE**

generated from this event
to your child's school.

Friends and family members are
encouraged to help support this event.

Mention your school when ordering!
Bring this flyer to Chuck E. Cheese.

EVENT INFORMATION

LOCATION: **CHUCK E. CHEESE®**

TIME: 11AM-10 PM

SCHOOL: Freeman

EVENT DATE: May 16th

EVENT ADDRESS:

14919 E Sprague Ave

Spokane Valley, WA 99216

To find out more, check out chuckecheese.com

CHUCK E. CHEESE®

FR Panel #8166

120
PLAY POINTS | **for \$30**

EXPIRES 12/31/25

Limit one per check. Valid with coupon and only on night of Fundraising Event.
Only at participating locations. Play card or band activation not included. Dine-in only.
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CHUCK E. CHEESE®

FR Panel #5996

\$29.99 | **1 Large (1 Topping) Pizza
4 Drinks**

EXPIRES 12/31/25

Limit one per check. Valid with coupon and only on night of Fundraising Event.
Only at participating locations. Dine-in only. ©2024 CEC Ent. Conc. LP. All rights reserved.

Sales include all food and merchandise purchased at the registers. Delivery & Carryout Orders placed directly at ChuckE Cheese.com now also apply towards your fundraiser. You must add the item "School or Organization Fundraiser" to your cart before check-out and order from the location noted at right.

FREEMAN CROSS COUNTRY PRESENTS



Run the Palouse 2025

1 MILE OR 5K

Fun Run

Sat. May 17th - Freeman High School

Cost:

1 M - \$25, 5K - \$30 if reg. & paid by 5/3

1 M - \$30, 5K - \$35 after 5/3*

**Shirt included only if registered & paid by 5/3*

Times:

1 Mile - 9:30am

5K - 9:50am

Register:



freemansd.org/runthepalouse

Questions: Email: **runthepalouse@gmail.com**

Run the Palouse is a 5K/1 Mile Fun Run put on by the FHS Cross Country Team.

All ages and skill levels are welcome, from walkers to competitive runners.

Proceeds benefit Freeman High School Cross Country.



The teen years can be difficult. Indicators of teen drug use, mental health concerns, unhealthy relationships, human trafficking and other risk factors can be hidden in plain sight, but easy for parents and other adults to miss.

Adults all learn differently just like youth. This presentation brings a unique opportunity to get involved with the presentation through this interactive event.

The purpose of the exhibit is to help parents and other adults see the environment with new eyes, to see the warning signs that may be obvious once they are pointed out, and then help them have a conversation with the teen to stop dangerous behaviors before the worst happens - addiction, legal trouble, injury or even death.

Must be 21+ to attend.

Childcare available & food provided.

First 25 registrants will be entered to win a \$50 Gift Card to the Red Dragon Restaurant.

Don't delay register today!

Tuesday—May 27, 2025
Doors open at 5 pm to 7:30 pm
Program starts at 5:30 pm
East Valley Middle School
4920 N Progress Rd,
Spokane Valley, WA 99216

EVENT DETAILS: Participants will walk through a mock teen bedroom and try to identify 70+ items, which can indicate problem or risky behaviors.

PRESENTATION: After walking through the teen room, attendees will participate in a presentation and discussion which will cover:

- Identification and discussion of items and how they may indicate problem or risky behaviors.
- Popular local youth trends and data.
- Tools to help navigate the teen years & discussion points for family conversations.

RESOURCES: Local resources will be available for all participants while supplies last.

FREE but Registration is Required.
Click on the QR code above.

*PRESENTATION WILL BE AVAILABLE IN ENGLISH AND SPANISH



Washington State
Health Care Authority



EAST VALLEY
Community Coalition



FamilyGuide
www.thefamilyguide.org





FREEMAN SCHOOL DISTRICT #358

2025 - 2026 School Calendar



August				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
September				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			
October				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	*23	*24
27	28	29	30	31
November				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
December				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		
January				
Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

Significant Dates

August 18	Staff Orientation/Open House
August 19	Professional Development
August 20	First Day of School
August 25	First Day of Kindergarten
August 29	No School
September 1	Labor Day Holiday - No School
September 24	Late Start PD
October 23 - 24	Conferences - No School
October 29	Late Start PD
November 11	Veterans' Day Observed - No School
November 24 - 28	Thanksgiving Holiday - No School
December 3	Late Start PD
December 19	End of Semester
December 22 - January 2	Winter Break - No School
January 5	Professional Development - No School
January 19	Martin Luther King Jr. Day - No School
February 4	Late Start PD
February 16	Presidents' Day Holiday - No School
March 6	Snow Make-up Day - No School
March 9	Professional Development - No School
March 18	Late Start PD
April 2 - 3	Conferences - No School
April 6 - 10	Spring Vacation - No School
April 27	Professional Development - No School
May 6	Late Start PD
May 22	Snow Make-up Day - No School
May 25	Memorial Day Holiday - No School
June 6	High School Graduation
June 9	8th Grade Promotion
June 10	Last Day of School - Early Release

Shaded Dates - No School

Indicates Late Start/Professional Development Days

* Indicates Parent Conference Days - No School

** Indicates Early Release - 12:30 pm

School Begins & Ends

February				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
March				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			
April				
Mon	Tue	Wed	Thu	Fri
		1	*2	*3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	
May				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
June				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	**10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			
July				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31



FSD TECHNOLOGY NEWS

October, 2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

With Qustodio, you'll be able to:

- Manage your child's screen time
- Supervise your child's online activity
- Access expert advice via **Freeman School District's Online Safety Hub**

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

Activate Your Free Account

On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit **Freeman School District's Online Safety Hub** for more information about Qustodio, access to expert advice and additional resources.

Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: myschool@qustodio.com

Freeman School District
Information Technology



myschool@qustodio.com




<https://freemansd.onlinesafetyhub.io>

TEAMWORK MADE EASY

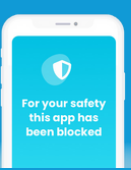
App for Parents & Families

Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

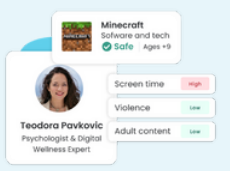
Through our school district's partnership with Linewize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.



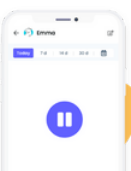
Visibility on student activity and device insights



Security coverage for in and out-of-school hours









Expert advice and guidance on digital threats and trends



Pause button to regulate digital activity

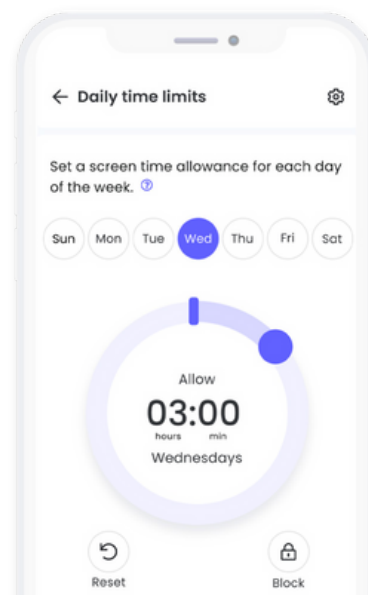
Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

-  **Filter and block feature for content and apps**
-  **Location tracking and panic button feature**
-  **Visibility on browsing history, social media, and screen time**
-  **Calls & messages tracking to monitor suspicious activity**
-  **Time limits and screen-free schedules**
-  **Tailored reports and alerts for inappropriate content**

Works on the following devices:



Multi-parent access and management available



Qustodio is COPPA compliant and does not share personal data with third parties.



How to get started

1. Scan the QR code or visit qustodio.com/my-school
2. Create your account using the email address your school has on file
3. Get real-time visibility

For any queries, contact us at myschool@qustodio.com